

Missanabie Cree First Nation

Pi a oo moo Peesim

Migration Moon

Bear Fax

www.missanabiecreefn.com

OCTOBER 2024



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BAND ADMINISTRATIVE ASSISTANT

Amber Lacrosse

Hello everyone

Dagwaagin, it is fall,

My thoughts are with the Missanabie Cree after the passing of two elders, Micheal and Billy, to the spirit world. Their absence can be felt in the office.

Regrettably, this month Nelson, our Financial Officer, is departing for other endeavors. I am thankful for the upgrading he has implemented to our financial systems as I'm sure others are.

Lastly, Happy Thanksgiving and Halloween to everyone!

Reminder that the office will be closed for the holiday on Monday October 14th.

Bamaapii,

LANDS & RESOURCES DIRECTOR

Tess James, MPA, BA, BEd, Provisional Forester

Wachiaye MCFN Members,

As the Lands and Resources Director for Missanabie Cree First Nation, there are several projects from a strategic standpoint that I am hopeful to see progressed within the year.

Through application to Northern Ontario Heritage Fund, the Nation was awarded a one-year intern fund, and through Application to Natural Resources Canada, the Nation was awarded a 50K grant for regional cultural assessment and revitalization.

With the 50k grant I am proposing that 30K get spent on archaeological assessment, and 20K get spent on further landscaping and records research of Missanabie Cree's Cemetery.

The 30K for archaeological assessment can be further split out

to cover cost of organizing, showcasing and safeguarding of Missanabie's artifacts (currently in Algoma U archives) and to pay an archaeologist to conduct a phase III archaeological assessment at Crooked Lake or a similar area considered of high archaeological potential.

The Draft Land Use Plan is scheduled to be completed this coming spring and once it is approved by BCR, the Nation can get projects of further infrastructure development underway. Of priority, is to get a building developed where the well was drilled on reserve at the beginning of the Island View Camp Road. We are compiling member surveys conducted at Hub events and the Annual Gathering to determine what majority would like to see realized on this site.

The opportunity to partner with CHAR, a cleantech development and services company that specializes in high temperature pyrolysis (HTP), converting woody materials and organic waste into renewable gases (renewable natural gas and green hydrogen) and biocarbon, is very

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realizable and such a good fit for the Nation’s incremental community development on reserve. The renewable gas generated would heat member residences and the band’s buildings, excess sold to local clients, while the biocarbon (also called Char) could also be sold (in high demand) or used for water purification, and soil enhancement. Steve Hawkins and (community Energy Planner) and I are working diligently to secure a Memorandum of Agreement to get these discussions and negotiations underway.

Work with Wahkohtowin Inc. also includes many forestry based projects; a particularly promising project involves expanding upon Indigenous Led conservation areas and building up the Guardian program to include Guardian employment positions within the sister Nations to conduct annual compliance and physical monitoring of the growth and health of the forest.

The development of a program to monitor, research, and protect the health of the waters in the traditional territories is also well underway. Water sampling

conducted in 2022 and 2023 with support from Water Rangers, is now expanding to include water sampling and eDNA sampling in watersheds in and adjacent to the Operational Mines in Dubreuilville. Additional inland lakes on reserve will also be included in next year’s scheduled water monitoring plan. The eDNA sampling will identify species present in the water, and when sampled year over year going forward, the Nation will have a baseline and yearly series of data to detect any changes to the water ecology. It is also planned to have the community’s Mineral Development advisor collect fish samples from the Goudreau Lake watershed to be analyzed for evidence of heavy metals, cancers, or other pathogens.

There are more projects being contemplated and/or strategically planned for in the future and I am hopeful to be able to continue to

help progress Missanabie Cree First Nation in the homelands. Miigwetch to those members who read and appreciate these updates. My heart is in my work.

Have a wonderful Autumn,
Happy Hunting Season,
Thankful for all Nature Provides us!

Tiffany (Tess)James (I have gone back to my maiden name)

ENERGY PLANNER

Stephen Hawkins, BA

Wachiay everyone:

Based on the completed MCFN Renewable Energy Feasibility Report approved in February 2024, one of the report recommendations given BCR approval in March 2024 by Chief and Council was to further investigate the feasibility and project potential of localized

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SCORECARD				
MCFN Core Values & Rationale	Key Value	Sum of Values / Importance	Importance (/100)	Implementation or Operation Factor
If we can't afford to install it, we can't do it. If we're going to go into debt to operate it, we shouldn't do it.	Sustainable, Low Cost and Affordable	50%	20%	Capital Requirement / Installation
			10%	Percentage Funded (10=100%)
			20%	Financial / Operating Sustainability
If the grid fails, what are our options?	Energy Sovereignty	15%	10%	Grid Reliability / Resiliency
			5%	Supports Immediate Occupancy (Emergency Backup, safety, wifi/starlink backup)
7 Generations Teachings - are we implementing options that make sense now and for the next generation?	Environmentally Friendly	25%	10%	Replacement / Longevity
			10%	Environmental & Social Impact
			5%	Impact on-Reserve Lands (Taking up Useful Development Space)
Is this project driving opportunities on the land / Is it a reason for someone to move back?	Jobs, Education & Economic Development Opportunities	10%	10%	Local Employment / Operational Benefit to MCFN

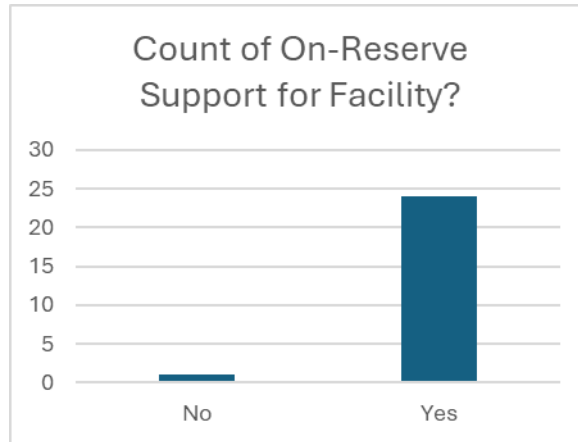
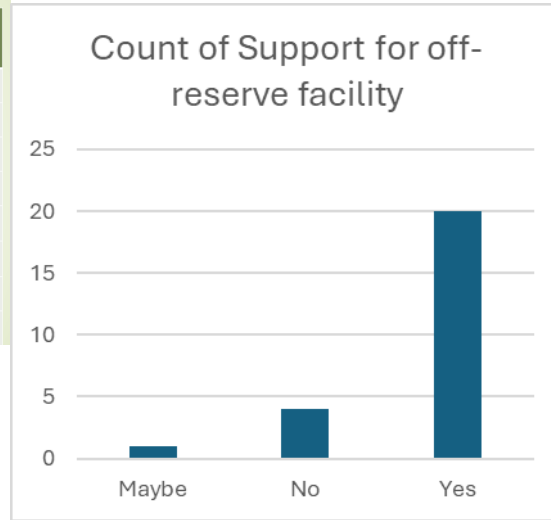
RATINGS

Project Name	Sustainable, Low Cost and Affordable (/50)	Energy Sovereignty (/15)	Environmentally Friendly (/25)	Local Employment / Operational Benefit to MCFN (/10)	Total, Non Weighted
IVC - 99 kW Rooftop + Tower	21	17	24	2	64
2 SFD + Duplex	20	16	23	0	59
Keekinauw + Cabins	20	17	24	2	63
EVAC Shelter - Rooftop 300kW	21	18	23	3	65
EVAC Shelter April - October - Net Zero	22	19	13	5	59
Biomass District Heating - Log Boiler	28	19	17	10	74
Wind Energy	14	5	14	2	35
Hydro Dam Stoney Falls 1.46MW	13	0	14	3	30

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Biomass based heating systems for the MCFN community.

This feasibility for evaluating the merits of a biomass energy system process was determined by how it fared on the scorecard (figure 1) and ratings (figure 2) given to reflect community core values. In the ratings diagram, a biomass heating system scored highly in terms of sustainability, low-cost affordability, and job creation. In total, biomass heating achieved the highest total weighted score of 74.



With the view to pursuing a biomass project opportunity, it was important to gage the community level of approval for a biomass facility to be developed in or around Missanabie, and whether members would approve an on or off reserve building. 28 surveys conducted in Thunder Bay, June 6th, 2024, and at the Gathering, August 14th, show a positive result.

A funded biomass analysis and energy opportunities project was then conducted by New Leaf

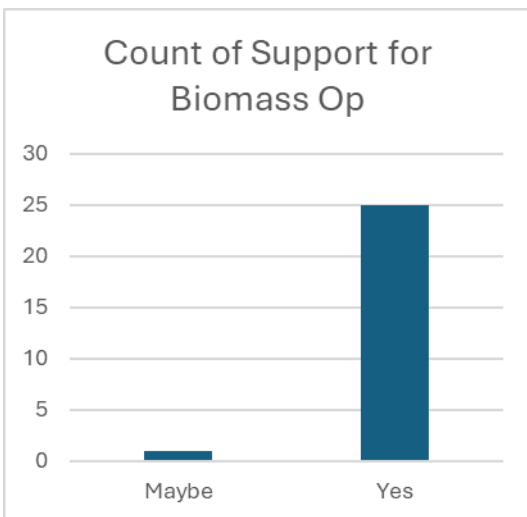
Forestry of the Martel/Magpie forests (now Missinaibi Forest). The Forestry Management Plans (FMP) revealed high levels of annually available wood supply (biomass), but low levels of utilization. Consequently, New Leaf Forestry identified a realistic revenue generating opportunity for MCFN in the production of Renewable Natural Gas (RNG) and biocarbon production.

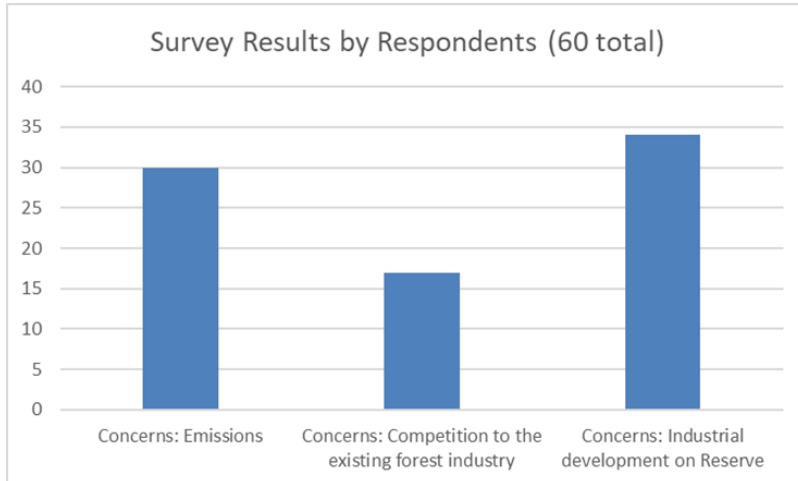
This proposed biomass energy enterprise opportunity involves the development, construction, and operation of an off reserve localized facility that produces renewable natural gas (RNG) for heating in the areas, and biocarbon from woody biomass. In respect of Community outreach, New Leaf Forestry conducted an online survey focused on capacity building / jobs whilst identifying any concerns respondents might have.

In evaluating the concerns posed in figure 3, it is useful to consider the following:

The Missinaibi forest management plan (FMP) for harvesting states that they must

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cut so much poplar, birch, pine as well as spruce pine fir or otherwise the forest would be become unnaturally imbalanced and unsustainable. However, there is little market for poplar and birch. Consequently, it is often left at roadside, sometimes legitimately as per type of wood, and diameter size but sometimes it is left as waste due to rot or no market. In effect, MCFN could be the market for the waste wood. We don't want to take the poplar or birch that people are using, but residual wood like treetops, bark or biomass scrap discarded at the mill after the milling. There is no cutting down more trees above the FMP's stated 600k cubic metres per year.

The following field trip report and project overview also provides some clarity as to

answering or mitigating against areas of concern raised in the New Leaf survey.

The project's feasibility process then included a field trip to MCFN's potential partner in the Biomass (Biochar) project, CHAR Technologies.

FIELD TRIP CHAR Tech.

facility, Thorold, ON. May 8th, 2024



A highly informative tour of the CHAR Tech. facility provided us with a better understanding of the processes involved in the production of biocarbon and renewable gases (RNG and green hydrogen).

Photo shows our Biomass analysis consultant, Scott Rubin, New Leaf

Forestry, with Tess James, MCFN Director L&R, MCFN Councillor JoAnne Pezzo, and her husband John



Photo of Pyrolysis Kiln at CHAR facility

CHAR Tech's high-temperature pyrolysis (HTP) process is a continuous autothermal process, where organic materials (biomass, biosolids, organic waste streams) are heated to over 800°C in a completely oxygen-free environment to create two high-value coproducts: biocarbon and renewable energy.

In parallel with delivering these valuable byproducts, the High Temperature Pyrolysis (HTP) process effectively manages organic waste streams by reducing the total mass of feedstock by up to 90%. This not only contributes to a

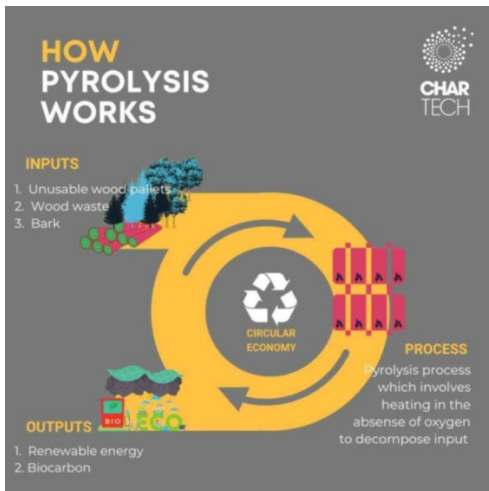
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significant reduction in greenhouse gas emissions but also eliminates the associated transportation and management challenges and costs.

Commissioning a single kiln of CHARs HTP system would produce approximately 500,000 giga joules of RNG and 10,000 tonnes of biocarbon per year. The facility would reduce CO₂e emissions by ~30,000 tonnes/yr.

Inputs/Outputs



The attached diagram shows what goes in and what comes out.

POTENTIAL OFFTAKE AGREEMENTS

1. RENEWABLE NATURAL GAS:

(RNG) natural gas distributors and area mines. Provincial and federal green energy legislation continues to evolve and apply

pressure on energy companies to reduce their carbon intensities.

Natural gas distribution companies like Enbridge and Énergir are actively seeking out projects that produce renewable natural gas to increase the proportion of RNG that they blend into the pipeline. These projects are so valuable to the natural gas distributors that they are typically willing to sign Letter of Intent agreements prior to facility construction to secure the RNG supply.

Beyond natural gas distribution companies, another legitimate offtake destination is mines operating within the area (ALAMOS). Currently, the mines are operating off of natural gas. This makes the facility an ideal candidate for RNG use since the infrastructure would not have to be changed or updated to allow the operation to reduce its carbon intensity through substitution of fossil-fuel based natural gas for RNG.

2. BIOCARBON

Biocarbon: steel manufacturing facilities, water treatment facilities, soil amending, cement, and carbon credit opportunities.

Figure 13. Biocarbon created from High Temperature Pyrolysis

Like natural gas distributors and mining operations that depend on natural gas, heavy industries including steel manufacturing are also under substantial pressure to reduce the carbon intensity of their processes. The biocarbon produced through the HTP process is a carbon neutral drop-in replacement for fossil coal in the electric arc furnace steel making process. This turnkey solution for fossil coal substitution has created a huge demand for the biocarbon produced from wood waste making steel manufacturing companies a substantial offtake destination. Alternatively, there are several other offtake opportunities that include:

- Water Treatment Applications – removes contaminants from water and is typically intended for remediation or purification projects.
- Soil Amendment – improves the physical properties of soil, such as water and nutrient retention. It also sequesters carbon in the soil for the long term, effectively reducing greenhouse gas (GHG) emissions and

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contributing to climate change mitigation.

- Carbon Credits – by sequestering (storing) carbon in the soil, biocarbon also generates carbon credits, providing an opportunity to generate additional revenue and support sustainability initiatives. Removal credits take advantage of the natural carbon capture properties of wood and organic residuals and wastes and are captured via the pyrolytic conversion into a solid carbon, biocarbon.

LOCATION

It is recommended that a location for this project be at least 2.8ha in size (potentially a Renabie Rd site). This area would provide adequate space for a 100' x 200' commercial building to house the equipment & RNG operation, and provide a large enough area to handle, process, and store some of the required biomass feedstock. There are several different options for feedstock procurement and processing, having a merchandizing area on site will allow the facility to accept a variety of feedstock

forms with on site processing capacity.

EMPLOYMENT

CHARs HTP technology would require a dedicated labour force of 15 individuals to operate year round. Positions include skilled operators, maintenance, technicians, supervisors, and administration. In addition to the facility positions, there would be ~5 jobs created in the forestry sector to supply the facility with the 75,000 GMT of woody biomass feedstock.

CAPITAL INVESTMENT & PROJECTED REVENUE

It is estimated that this project/ opportunity would cost approximately 50 to 60 million dollars to bring it from inception to commissioning, and, once operational, the projected earnings before interest, taxes, depreciation, and amortization is ~\$12,000,000. The timeline from project commencement to an operational facility is approximately ~2 years.

Note: For the capital investment, \$20 Million is for 1 kiln/ building to be installed, whereas \$50 Million is for a 2 Kiln installation plus site works and utilities.

The value of MCFN's contribution will be

highly dependent on the partnership agreement (and ownership structure).

AVAILABLE FUNDING STREAMS

To minimize the financial burden on the Community, there are several provincial, federal, and private funding opportunities available including:

Cleans Fuels Fund

Indigenous Forestry Initiative

Forest Biomass Program

Indigenous Economic

Development Fund

Strategic Innovation Fund

OUTCOMES

If approved by the Community and Chief and Council, it is recommended that Missanabie Cree First Nation approaches this opportunity as a joint venture project through a strategic partnership with CHAR Technologies. CHAR is a cleantech development and services company that specializes in high temperature pyrolysis (HTP), converting woody materials and organic waste into renewable gases (renewable natural gas and green hydrogen) and biocarbon. The company

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was founded in 2009 and currently has an operating facility undergoing a commercial scale-up in Thorold, ON which will produce 500,000 giga joules of RNG per year, along with 10,000 tonnes of biocarbon per year. CHAR is currently expanding throughout Northern Ontario and several First Nations have expressed an interest in partnering with them (Wikwemikong recently announced their interest). CHAR identified a keen interest in the opportunity and feasibility of a facility around Missanabie (off reserve) as the renewable gas could be sold to the neighbouring mines, and residual biomass could be drawn from budding LP (Louisiana Pacific) building materials Wawa OSB (oriented strand board). In short, this is presenting as a gilt-edged opportunity knocking at MCFN's door.

In conclusion, this opportunity fits the criteria of MCFN's core values and if successful, the implementation of a biomass facility in Missanabie would generate considerable social, economic, and environmental

benefits for both the region and Ontario. These benefits would be realized through local, full-time employment opportunities (both direct and indirect of the facility), reducing the dependency on petroleum-based fuels, and increasing the utilization of wood fiber that is conventionally undesirable, unmarketable or a waste product of traditional harvest systems.

You can contact me at shawkins@missanabiecree.com

Mikwec

Steve



MCBC BOOKKEEPER

Tanya Maitland

Hello MCFN Community!

I hope everyone had a safe and fun summer!

Since we got back from the Annual Gathering, we have been working on the upcoming RUSH2024 Conference and once again I am working on another

successful Tradeshow & Vendor Fair. So far to date we have 13 registered participants, and I look forward to seeing everything that they will bring to the show!

If you or anyone you know is interested in participating in the Tradeshow or Vendor Fair please reach out to me via email and I will be happy to send all the details forward to whomever it is, there is currently 10 tables still available to be booked, it's a great chance to get your product out there as not only will we be open to our partners to shop but also the general public as well!

Bookkeeper_mcbc@missanabiecree.com

MCBC EXECUTIVE ASSISTANT

Ma Cristina Awa-aw

What a fresh start to the "BER" months.

Just like the Holiday season, the atmosphere shifts from being the "BUSY MOM" of 3 equally beautiful and talented children to being an "EXECUTIVE ASSISTANT" at Missanabie Cree Business Corporation.

As I embark and immerse myself into Canadian Life, the

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opportunity comes to work and serve our Missanabie Cree people. Being selected for the role where I will be both an employee and a student, learning a lot of things firsthand about the culture, history, tradition, and many values of the Missanabie Cree, is both a privilege and an honor being the only Filipino in the Family.

Allow me to introduce myself to all of you. Mabuhay! My name is Ma Cristina Awa-aw from Philippines. I bring with me my 10 years of working experience as a Human Resources Coordinator, Event & Production Coordinator, and an ISO Audit & Compliance Officer. I have a degree in Psychology majoring both in Industrial and Clinical, which gave me a great advantage in Counselling and People Management. Additionally, I have a Diploma in Global Business Management and a Diploma in FITT International Trade and Global Value Chain which I completed last 2023.

My MCBC Family is giving me a warm welcome already. I could not be more grateful to Joe, Joel, Brittany, and Tanya.

I am very excited and thrilled to work with you all, Missanabie Cree Family. I hope to give and contribute to your mission, vision goals, and objectives.

Thank you-
Merci—Miigwetch.

MCBC OFFICE MANAGER

Brittany Maclean

Greetings MCFN Community!

Fall has arrived

Since August, MCBLP has welcomed two new staff members. Our Chief Financial Officer Joel Merrylees and our new Executive Assistant Cristina Awa-aw! We are happy that the team and our capacity is growing!

The team is gearing up for our annual RUSH Business Networking conference. The goal of the conference is to give joint venture and mining partners a chance to connect within the MCBLP network and to learn about potential mining contracts. This conference is the biggest event that MCBLP plans and runs. The conference is paid for through sponsorships from partners and grants.

Cristina has been helping with planning the MCBLP Hub tours. Next week Chief Gauthier and MCBLP General Manager Joe-Tom Sayers will be heading to Sudbury for the first Hub tour of 2024. Keep an eye out for future MCBLP hub tour announcements soon!

We are excited to introduce **Joel Merrylees**, the new **Chief Financial Officer (CFO)** of Missanabie Cree Business Limited Partnership (MCBLP).

Joel grew up in Northern Ontario on **Manitoulin Island** and currently resides with his family just outside of **Sault Ste. Marie**. A passionate outdoorsman, Joel enjoys spending his free time hunting, fishing, and exploring the natural beauty of our region.

Joel holds both **CPA (Chartered Professional Accountant)** and **CMA (Certified Management Accountant)** designations and brings with him a wealth of experience in financial leadership. Over the past several

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years, he has worked closely with neighboring First Nations, serving as Chief Financial Officer and contributing to their financial growth and sustainability.

With extensive expertise as a **Financial Controller and Manager of Capital Assets**, Joel's skill set aligns perfectly with MCBLP's mission of economic development and long-term success. His deep understanding of First Nations governance and financial management makes him an invaluable addition to our leadership team.

We are confident that Joel's experience, dedication, and leadership will play a key role in helping us continue to thrive and expand our operations. Please join us in welcoming Joel to the MCBLP family!

Feel free to reach out to Joel directly at CFO_mcbc@missanabiecree.com to introduce yourself or discuss any ongoing or upcoming projects.

THUNDER BAY HUB

DEB EWING

Summer is officially over. Fall is here. Driving back from Sault Ste. Marie on Sunday, I got to enjoy all the fall colours. Mother Nature sure can put on a display.

I would like to convey my deepest sympathies to Warren Fletcher, Edward Fletcher II and Barb Pelletier and families on the passing of their dad. Sympathies to the Fletcher family on the loss of Uncle Bill, aka Billy Two Feathers. I attended the Celebration of Life for him in the Soo on Saturday, September 21. The Celebration of Life was well attended, and it was a beautiful ceremony. Thank you, Eddie, for singing the Honour Song for your dad. Lots of food and conversation, he would have loved that. I believe that Uncle Bill would laugh at the Fire Alarm going off in the office due to smudging. The firemen attended the building. I walked outside and while leaving the Celebration of Life the Snowbirds were flying over. Apparently, this was the 100th Anniversary of the Bush Plain Museum. It sure was a wonderful day.

October 3, 10, 17 and 24/24 -

Cree Classes. 7 to 8:30 pm. These are online for all to attend.

October 5/24 – Adult Only Bingo Bowling. This has been carried over from my September events. Refreshments will be served.

Registration is Required. Door

Prize.

October 7 to 11/24 – Healthy Snack Gift Cards will be available for pick up. Those not picked up will be mailed out.

October 14/24 -

THANKSGIVING DAY. Office will be closed. Have a very **Happy Thanksgiving** to all our members of the Missanabie Cree First Nation.

October 15/24 – Elder's Tea 1 to 3:30 pm. Refreshments and Door Prize.

October 19/24 –Hallowe'en Horror Movie Night. 7 to 10:00 pm. Refreshments will be served. Prizes for best costume.

Registration is required.

October 26/24 – Pumpkin Carving and Hallowe'en Party for Children/Youth. This event will be from 11:00 to 5:00 pm. Refreshments will be served.

Prizes for best costumes.

Registration is Required.

October 31/24 – Hallowe'en Night. Please watch out for all the children that will be out trick or treating. Be careful when driving.

**STAY SAFE,
STAY HEALTHY.**

SAGONASKA NEWS

Where a beautiful life commences...

Hello There...

Welcome to Sagonaska Place! We are hoping everybody is settling in well and enjoying their suites! We are excited to have everybody! We hope your move in went smoothy and it's feeling more like home. We greatly appreciate your patience and kindness as more Sagonaska neighbours move in, and as we upkeep the building amenities. We ask that you please report any issues within your suite or apartment building as soon as possible. It's essential to us that we do our best to maintain the high quality of living that we desire for all residents. You deserve it! It's an honour to have you all! Your happiness and satisfaction here means so much to us, and it's one of our priorities to promote! Thank you so much for choosing to call us home! This project wouldn't be possible without you!



~ The Sagonaska Team ~

Bake Away...

Old-Fashion Apple Cookies

Ingredients: 1 cup packed brown sugar,

1/2 cup butter/margarine - softened

1 egg, 1 1/2 cups all-purpose flour, 1 teaspoon ground nutmeg,

1/2 teaspoon salt, 1/2 teaspoon baking soda & 1 cup chopped apple

Directions: Heat oven to 375° and then grease cookie sheet. Beat brown sugar, butter and egg in large bowl with electric mixer on medium speed until light and fluffy. Stir in flour, nutmeg, salt and baking soda. Stir in apple. Drop dough by rounded teaspoonfuls about 2 inches apart onto cookie sheet. Bake 8 to 10 minutes or until light brown. Let cool and then store loosely covered. **Found from:** <https://www.bettycrocker.com/recipes/old-fashioned-apple-cookies/40fe1166-55c7-498f-b83f-b0cd224ded44>



Inquiring Minds wants to Know...



Do you have any craft ideas to add personal touches to the apartment building? Do you have any thoughts on activities that we could do together? How can we represent the Indigenous and other cultures within the building further? Do you have or know anybody that has a talent to share? Our team not only wanted to provide a safe, affordable and nice place to live, but our hope is to provide a sense of belonging and community amongst the tenants. This project is more than just a building to live, but we need your help to make our full vision come alive! It's important to us that you feel recognized, included and represented within your building! Our goal is to come together for some group experiences to promote the feeling of home!



Please send any ideas to Angie at angie@summersand.co. We will try to arrange what we can! We care, and your opinion matters to us! We look forward to hearing from you! Let's make living in your home, the best it can be, together!

Crafting Time..

Autumn Decorated Candles

Supplies:

White Pillar Candles

Artificial Leaves (or real leaves that have been pressed)

Wax Paper (not parchment paper)

Hair Dryer



Directions: Pull all leaves off the branch, and place one on the candle, where you would like it. Put a large piece of wax paper over top of the leaf, covering it all, and rub it smooth so all the bumps and creases are out. Aim the hair dryer on different spots on the leaf, moving the dryer around every 20 seconds. The leaf will appear damp as the wax paper melts and eventually it will become stuck on the candle. Rub over the leaf with your finger to ensure it does stay attached. Then peel away the wax paper. If little bits of wax paper remains, rub it away. Repeat this process until candle is covered with leaves.



Found from: <https://www.itsalwaysautumn.com/diy-fall-leaf-candles.html>

A BIG heartfelt thank you, with so much gratitude, to our partnerships, for making *Sagonaska Place* go from a dream — to reality!

Summers&Co.



Written & Designed by Leah Bunnett



COMMUNITY OUTREACH INITIATIVE

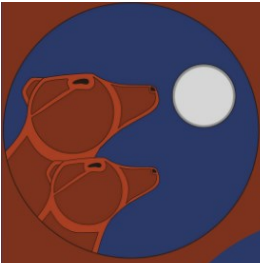
**MCFN Social-Ecological
Knowledge Study of
Alamos Gold Mines &
Cumulative Impacts**

**REPORT REVIEW
VIRTUAL GROUP SESSION**

WE ARE SEEKING THE PARTICIPATION OF
MCFN MEMBERS THAT ARE INTERESTED IN
REVIEWING THE DRAFT STUDY REPORT AND
PROVIDING MEANINGFUL COMMENT AT A
VIRTUAL WORKSHOP THIS FALL

PLEASE SUBMIT YOUR INTEREST TO TY HOURTOVENKO
THOURTOVENKO@MISSANABIECREE.COM

705.677.5835



Youth

COUNCIL

MEMBER CALL OUT

MISSANABIE CREE YOUTH

AGES 13-29

Sign up here ->

<https://forms.gle/JKkepPsb4qmKQPgx9>

EMAIL : MCFNYOUTH@GMAIL.COM



Self-Care To-Do List

Taking care of yourself is the kindest thing you can do



Read a book.
(I suggest Anne of Green Gables)

♥♥♥♥
Reconnect with someone you **ADORE**.



Journal or write about your feelings

Rest

- Nap
- sleep early
- Take a break



Get creative.
paint, draw, use your talent.

Do something that physically makes you feel good.

- ♥ Ask yourself:
- ♥ What do I need?

pet or cuddle a furry thing

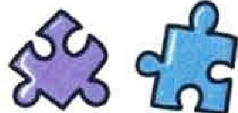


Get outside.
Soak in sun, rain, & wind



Drink your water!!!

Get back into your hobbies!
(puzzles are SO relaxing!)



plan a movie night or binge watch something on netflix

Have a cup of tea or cocoa.
(bonus points if it's with a book!)



There's tons more on BlessingManifesting.com

Suicidal Thoughts/Ideation

Signs and Symptoms

- Feelings of hopelessness
-
- Feeling extreme emotional pain
-
- Feeling severe remorse
-
- Feelings of shame and/or guilt
-
- Mental health declines i.e. depression, increased panic attacks, unable to concentrate
-
- Loss of joy/happiness with life
-
- Mood swings
-
- Isolates self from family, friends, community
-
- Engages in risky behaviour, increased substance use, careless driving
-
- Preoccupied with violence, dying and death
-
- Changes in personality, routine(s), sleeping patterns
-
- Talking about getting revenge
-
- Talking about being a burden to others
-
- Giving away belongings
-
- Saying bye as though it will be the last time

How you can help

For detailed guidelines on how to identify and help someone who is suicidal, see “Suicidal Thoughts and Behaviours: First Aid Guidelines” (link below at Mental Health First Aid).

- Know the signs and signals.
- If you have concerns, ask if they are thinking about suicide (see Note below). *It's a myth that talking about suicide will "give someone ideas." It won't. **If anything, it will show them** they are not alone, **that you care** and you want to know how to help.*
- Always listen carefully. *Take concerns seriously.* Let them do most of the talking.
- **Don't pass judgment.**
- Avoid simplistic advice like “Cheer up.” Instead, let them know they're important and you want them to live. Tell them directly: “You are really important to me and I don't want you to die.”
- **Let them know you are there for them.** They are most likely feeling alone, alienated and unwanted.
- **Ask how you can help.** Trust is very important so only promise things you can actually do — but make sure they know you will help them to get help.
- *You can't do it all, but you can help your friend or relative get the help they need.* If you are a young person yourself, tell a trusted adult about your concerns as soon as possible, even if you must break a promise of secrecy.
- **Call a crisis line yourself** to discuss options for your friend or relative.

Note: If someone considering suicide already has *a suicide plan and the means to carry it out*, **don't leave them alone**. Treat the situation as an emergency (see Finding Help below). Call a crisis line. Stay with them until crisis workers or other emergency workers are there to help.

Finding help

If you, or someone you know, are in crisis and considering suicide, don't wait. Call someone who can help.

CONTACT US

Phone: [1-844-NAN-HOPE](tel:1-844-NAN-HOPE)

Text: [1-844-626-4673](tel:1-844-626-4673)

Email: info@nanhope.ca

Fax: [1-226-314-1218](tel:1-226-314-1218)

Contact a helpline

ConnexOntario

1-866-531-2600

<https://www.connexontario.ca/>

Free and confidential health services information for people experiencing problems with alcohol and drugs, mental illness or gambling.

Kids Help Phone

1-800-668-6868

<http://www.kidshelpphone.ca>

Free, anonymous and confidential professional phone counselling and online counselling, available 24/7 for kids and youth 20 years of age and younger.

Ontario Distress Centres

<http://www.dcontario.org/centres.html>

Free, confidential support and information. Visit the website for a phone contact in your area. Hours of operation vary, but most answer calls around the clock.

Go to your nearest hospital emergency department

Call 911

If this is not a crisis, you can find services close to home by searching the **Ontario Health Care Options** directory.

More information

Aboriginal resources

Honouring Life Network – Aboriginal Youth Suicide Prevention Resources

<http://www.honouringlife.ca>

A website produced by the National Aboriginal Health Organization (NAHO) to provide “culturally relevant information and resources on suicide prevention to help Aboriginal youth and youth workers dealing with a problem that has reached crisis proportions in some First Nations, Inuit and Metis communities in Canada.”

Za-geh-do-win Information Clearinghouse

<http://www.za-geh-do-win.com>

Za-geh-do-win Information Clearinghouse “researches, collects, catalogues, and distributes culturally relevant resources” for aboriginal communities across Ontario. Includes *The Key – Aboriginal Mental Health Services/Support Directory* for resources and services. The website focuses on issues of health, healing and family violence.

LGBTQ Youth Line

<http://www.youthline.ca/>

A toll-free Ontario-wide peer-support phone line for LGBTQ young people.

The Trevor Project (US)

<http://www.thetrevorproject.org>

A national U.S.-based site committed to crisis intervention and suicide prevention for LGBTQ youth.

General resources**Canadian Association for Suicide Prevention**

<http://suicideprevention.ca>

Ontario Suicide Prevention Network

<http://www.ontariosuicidepreventionnetwork.ca>

Mental Health First Aid

Suicidal Thoughts and Behaviours: First Aid Guidelines

http://www.mentalhealthfirstaid.ca/EN/resources/Documents/MHFA_suicide_guidelines.pdf

Kids Help Phone

<http://www.kidshelpphone.ca/Teens/InfoBooth/Emotional-Health/Suicide.aspx>

Youth friendly information, links and tips on what to do to help yourself or a friend.

Teen Mental Health (NS)

<http://teenmentalhealth.org/for-families-and-teens/suicide/>

Information and resources including several downloadable booklets such as Are You Coping with Suicidal Thoughts? and Have You Lost Someone to Suicide?

Centre for Applied Research in Mental Health and Addiction (BC)

Coping with Suicidal Thoughts: A Resource for Patients

<http://www.sfu.ca/carmha/publications/coping-with-suicidal-thoughts.html>

Here to Help (BC)

What is suicide?

<http://www.heretohelp.bc.ca/factsheet/what-is-suicide>

A general guide in plain language prepared by the Canadian Mental Health Association, BC Division.

Resources for Parents**Children's Hospital of Eastern Ontario**

Suicide

<http://www.cheo.on.ca/en/suicideinfo>

Information and specific guidance for parents on what to do if your child is at risk for suicide.

ementalhealth.ca

Suicide in Children and Youth: Guide for Parents

<http://www.ementalhealth.ca/Toronto/Suicide-in-Children-and-Youth-Guide-for-Parents/index.php?m=article&ID=8896>

FORM FOUND ON NEXT PAGE



RECREATION AND ACTIVITIES



The MCFN Recreation and Activity Policy has been approved by Chief and Council.

MCFN Community members can receive up to \$1500/year for organized sport or recreational programs



The full policy is available on the 'Members Only' section of the website. For addition eligibility details please read the policy.

ELIGIBLE COSTS INCLUDE BUT ARE NOT LIMITED TO:

- REGISTRATION FEES
- MEMBERSHIP FEES
- EQUIPMENT SUCH AS UNIFORM, FOOTWEAR, SAFETY GEAR, ETC.

FOR INQUIRIES ON THIS PROGRAM

**PLEASE CONTACT LESLEY GAGNON:
LGAGNON@MISSANABIECREE.COM**



missanabiecreefn.com

Form 1

Recreation, Activities, & Sponsorship Policy

Page 1 of 3

Missanabie Cree First Nation Recreation/ Activity /Sponsorship Request Form

SECTION 1: Applicant Details	
(Please note, the applicant is the person who will be enrolled in the activity)	
First Name	
Last Name	
Date of Birth	
Band Number (please provide the applicants registered number with Missanabie Cree First Nation or the band they are registered under, if the applicant does not have a band number, please provide the parents #, if the parent does not have a band # please state the reason why)	
Band Name	
Parent(s) / Guardian Name(s) (if applying for a child)	

Applicant Address & Contact Information	
Street Address	
City / Town	
Postal Code / Zip Code	
Province / State	
Country	
Phone Number	
Email	

Page 2 of 3

SECTION 2: Parent or Guardian Address & Contact Information (if applicable)			
The applicant's address is the same and the guardian / parent			Yes / No <small>(if yes, then skip to section 3)</small>
Street Address			
City / Town			
Postal Code / Zip Code			
Province / State		Country	
Phone Number			
Email			

SECTION 3: Activity / Recreation / Sponsorship Details	
Name of Activity / Recreation	
Description of Activity / Recreation	
Name of Organization	
Address of Organization	
Contact Person	
Contact Phone #	
Email of Organization	
Date(s) of Activity	
Duration of Activity (eg. January to March 2023)	

SECTION 4: Proposed Costs & Financing			
Costs (please attach quote, print out of activity costs, or bill and attach to this application)			
Have you received funding assistance from other sources? (Please Check One)	Yes _____	No _____	
If Yes, please provide date and amount received			
Name of organization funds received from			
Please Note: Funding may be provided upon approval for up to \$1500.00 CAD per Individual, per funding year and is subject to change. For Sponsorship, please fill out this form and staff will forward the request to Chief and Council for consideration. If your activity or recreation exceeds the \$1500.00 CAD amount allotted, your request will be submitted to Chief and Council for consideration.			

SECTION 5: Liability and Consent			
The information in this application is true to the best of my knowledge	Yes / No		
I give Missanabie Cree First Nation permission to contact the First Nation my child is registered to for information regarding services accessed in relation to activities and recreation. (please note that marking no could result in delays in funding)	Yes / No		
I understand and agree that while Missanabie Cree First Nation is providing funding for recreations and activities, I will not hold Missanabie Cree First Nation responsible, nor will I take legal action under any circumstance (i.e., injury etc.).	Yes / No		
Name			
Signature		Date	

FOR OFFICE PURPOSES ONLY				
Approved	Yes / No	Amount		Signature

Job Posting

Lands & Waters Guardian Intern

Deadline: Open until filled

Reports to: Lands & Resources Director

Term: 16 week contract, 35 hours/week, possibility of extension

Missanabie Cree First Nation is looking for a Lands & Waters Guardian Intern

Summary

Missanabie Cree First Nation Lands and Resources Department is seeking a Lands & Waters Guardian Intern to carry out water monitoring, shoreline cleanup and wetland surveying on the traditional territory of the Missanabie Cree. This position is collaboratively created in partnership with the Nordik Institute. The incumbent will be responsible for fieldwork and data collection on Missanabie Reserve and lands adjacent in Northern Ontario as well as community outreach.

Qualifications

- Post-Secondary study in the field of natural resource management
- Class G Licence and Clean Driver's Abstract (frequent travel to Missanabie is required) •
- CPIC required upon job offer

Duties

📁 Support department efforts to protect the lands and waters of Missanabie Cree's traditional territories by undertaking to:

1. Conduct water sampling at strategic locations to collect data for the DataStream provincial database and work with Algoma University interns to analyze and synthesize reports on the data.
2. Conduct field survey to inventory wetlands, conduct song-bird monitoring, and monitor moose habitat.
3. Help with identification, prevention and/or mitigation of invasive species from reserve lands and waters.
4. Assist with community outreach, delivery of Youth Canoe Trip and activities at the Family camp and Annual Gathering.
5. Other duties as required

Required Skills

- Knowledge and experience in conducting wildlife and forestry surveys
- Research, report writing, and financial record-keeping.

To apply, please send your cover letter, resume and 3 references to June Markie at jmarkie@missanabiecree.com
Please note preference will be given to Missanabie Cree First Nation members and other First Nation, Metis, and Inuit applicants

Job Posting

JUNIOR BOOKKEEPER INTERN

Deadline: Until Filled

Reports to: Financial Officer

Term: Full Time/1 year contract

As a team member of the Missanabie Cree First Nation Finance Department and under the supervision of the Financial Officer, the Junior Bookkeeper Intern will assist the finance team and work with staff to ensure fiscal and financial management is carried out in accordance with the MCFN's Financial Policy and Administration Code. Will work in adherence with internal administrative policies/procedures to support budgetary functions, financial planning and implementation of MCFN funding allocations.

Qualifications:

Education/Experience in Accounting, Bookkeeping or a related field an asset

Working knowledge of GAAP principles required

Identify as an Indigenous person, including First Nation, Metis, or Inuit

Are new entrants into the work force, are transitioning to a new career, or the unemployed or underemployed who are entering a new field;

Have not previously participated in a NOHFC-funded internship;

Are at least 18 years of age; and

Reside, and be legally entitled to work, in Canada

CPIC required upon job offer

Duties/Responsibilities:

Assist with the management of financial transactions/records from source documents (i.e. accounts payable/receivables, disbursements, cheque requisitions, journal entries)

Prepare entries for posting to the General Ledger

Keep financial records, maintain general ledgers and financial statements

Monthly reconciliation of accounts (receivables, bank statements, credit cards)

Maintain the chart of accounts for each entity

Assemble information for external auditors for annual audits of various entities under the guidance of the Financial Officer

Provide financial statements and general ledger to staff leads

Maintain an orderly accounting filing system

Follow accounting policies and procedures

Perform and work in adherence with the internal Administration policies/procedures and in accordance with MCFN's Financial Policy; Administration Code, Code of Ethics and Oath of Confidentiality

Review financial source documents for accuracy and completeness to validate transactions

Other duties as assigned by Financial Officer or delegate

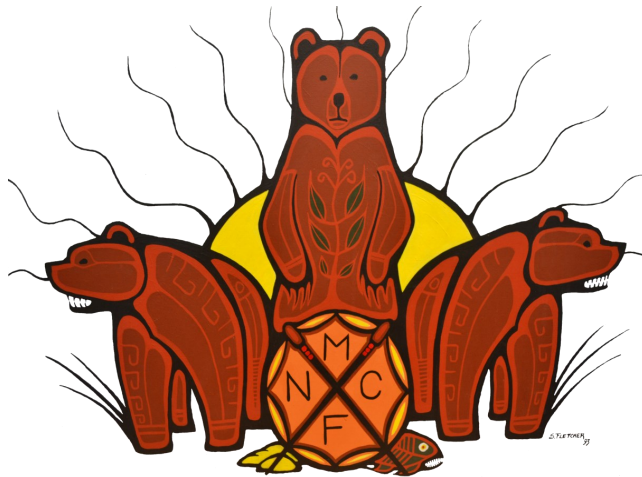
To apply for this position, please drop off your cover letter, resume and references (3) in person at:

602 Queen St. East

Sault Ste Marie, ON P6A 6W6

By email to: jmarkie@missanabiecree.com

By fax: 705-254-3292 (Attention: June Markie)



Job Posting

FINANCIAL OFFICER

Reports to: Band Administrator

Term: Full-Time

Open until Filled

Missanabie Cree First Nation is a growing Band Office located in Sault Ste Marie seeking a Financial Officer to manage the overall financial operations under the direction of the Band Administrator. The Financial Officer will oversee and monitor annual budgets and audit preparation, advise leadership as required, and ensure compliance with accounting principles, policies, and objectives of Missanabie Cree First Nation.

Requirements

- Degree or diploma in accounting, finance, business administration, or a related field is required.
- Several years of experience in accounting, auditing, budgeting, financial planning and analysis or other financial activities an asset
- Chartered Professional Accountant (CPA) or Certified Aboriginal Financial Manager (CAFM) designation an asset
- Experience working in or with First Nation communities or not for profit organizations a preferred
- Proficiency with Microsoft Office and Sage software
- Good communication, diplomacy, and discretion on confidential matters
- Ability to work with and lead a team
- Strong analytical and organizational skills

Flexibility and willingness to work outside of regular business hours on occasion

Duties

- Plan, organize, control and evaluate the accounting operations of all Missanabie Cree First Nation departments and entities.
- Review, Adopt, champion and continue to develop the Financial Policies, systems and procedures of Missanabie Cree First Nation
- Co-ordinate the preparation of financial statements and financial management reports for funding agreements, management, and affiliated organizations in an accurate and timely manner
- Complete documentation required for purchase orders and vendor account set-up
- Review incoming funding agreements and prepare budget set-up and update chart of accounts
- Analyze previous years financial departments for unexpended funding
- Provide regular updates to Chief, Council and membership at Chief and Council meetings
- Maintain and monitor the annual budget process and coordinate financial planning
- Oversee annual audit preparation
- Evaluate financial reporting systems and accounting procedures and make recommendations for improvements to Band Administrator, Chief and Council
- Train and manage financial staff; Assist with recruitment of new financial staff

- Act as liaison between Missanabie Cree First Nation and membership, and relevant partners and affiliates on financial matters as needed.
 - Notify and report to Chief, Council and Band Administrator concerning any trends that are critical to the First Nation's financials; provide financial advice
 - Maintain strict confidentiality of Missanabie Cree First Nation Band Office
- Other related duties as required

To apply for this position, please drop off your cover letter, resume and references (3) in person at:

602 Queen St. East

Sault Ste Marie, ON P6A 6W6

By email to: jmarkie@missanabiecree.com

By fax: 705-254-3292 (Attention: June Markie)

Please note preference will be given to Missanabie Cree First Nation members and other First Nation, Metis, and Inuit applicants.



Job Posting

GOVERNANCE COORDINATOR

Reports to: Band Administrator

Deadline: **Until Filled**

CONTRACT

Missanabic Cree First Nation is looking for a Governance Coordinator. This Governance Coordinator will be responsible for providing administrative support to the governance committee and will contribute to the advancement of self-determination for Missanabic Cree First Nation.

Qualifications:

- Post-Secondary education in Politics and Governance, CESD or Public Administration
- Proven facilitation experience and excellent communication skills
- Keen attention to detail with proofreading experience
- Team-work oriented with the ability to work with minimal supervision
- Excellent computer skills and be proficient with Microsoft (Word, Excel, Publisher, Access)
- Willingness and initiative to learn
- CPIC REQUIRED upon job offer

Duties/Requirements:

- Provide administrative support to the Governance Project and the Governance Coordinating Committee (GCC) to develop codes and policies that support the vision of MCFN to become a self-governing nation
- Research and compare relevant policies and codes including First Nation policies to facilitate discussion by the GCC
- Develop various discussion papers or briefing notes concerning research into indigenous laws and governance
- Provide policy analysis on various government initiatives and legislation of potential impact on First Nation communities
- Plan teleconferences and meetings with the GCC, develop agenda, provide documents and chair the meeting
- Record minutes of the GCC meetings
- Track and record revisions of policies and codes under development by the GCC
- Support other MCFN governance initiatives e.g. Terms of Reference
- Develop staff training workshops on approved policies and procedures
- Present final draft policies and codes to Chief and Council for review and approval
- Communicate updates on the Governance Project to the membership through newsletter submissions, presentations, and MCFN website.
- Update the governance section on the MCFN website and other sections as requested

To apply for this position, please drop off your cover letter, resume and references (3) in person at:

602 Queen St. East

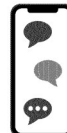
Sault Ste Marie, ON P6A 6W6

By email to: jmarkie@missanabiecree.com

By fax: 705-254-3292 (Attention: June Markie)



NAN HOPE



Nishnawbe Aski Mental Health and Addictions Support Access Program

We're here for you 24/7

1-844-NAN-HOPE
(1-844-626-4673)

The Nishnawbe Aski Mental Health Wellness Support Access Program (NAN Hope) provides community-driven, culturally appropriate and timely mental health and addictions support to members of the 49 First Nations communities in Nishnawbe Aski region.

This First Nation-led program is in response to the specific mental health needs of community members in northern Ontario, offering a central access point to mental health and addictions support.

Program Services:



Navigation to mental health and addictions support services



Rapid access to clinical and mental health counselling



24/7 toll-free rapid access to confidential crisis services

Phone | Text* | Chat*

www.nanhope.ca

*Text and Live Chat support are available Monday through Friday: 8:00am - 12:00am ET and Saturday and Sunday: 10:00am - 11:00pm ET.

Need a Helpline?

Toll Free Helplines for Northern Ontario

- Children
- Youth
- Adults



Nishnawbe Aski Nation
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Support & Information Lines

- Kids Help Phone
☎ 1.800.668.6868
🕒 24 Hours
- Operation Come Home
☎ 1.800.668.4663
🕒 8am - 4pm EST (Mon-Fri)
- MissingKids.ca
☎ 1.800.KID.TIPS
☎ 1.800.543.8477
- Assaulted Women's Helpline
☎ 1.866.863.7868
TTY
☎ 1.866.863.7868
- Victim Support Line
☎ 1.888.579.2888
🕒 24 Hours
- Senior Safety Line
☎ 1.866.299.1011
- Good2Talk (Post Secondary Helpline)
☎ 1.866.925.5454
- LGBT Youth Line
☎ 1.800.268.9688

211

When you don't know where to turn

Connects you to health, community, government & social services.
🕒 24 Hours

Mental Health & Addictions

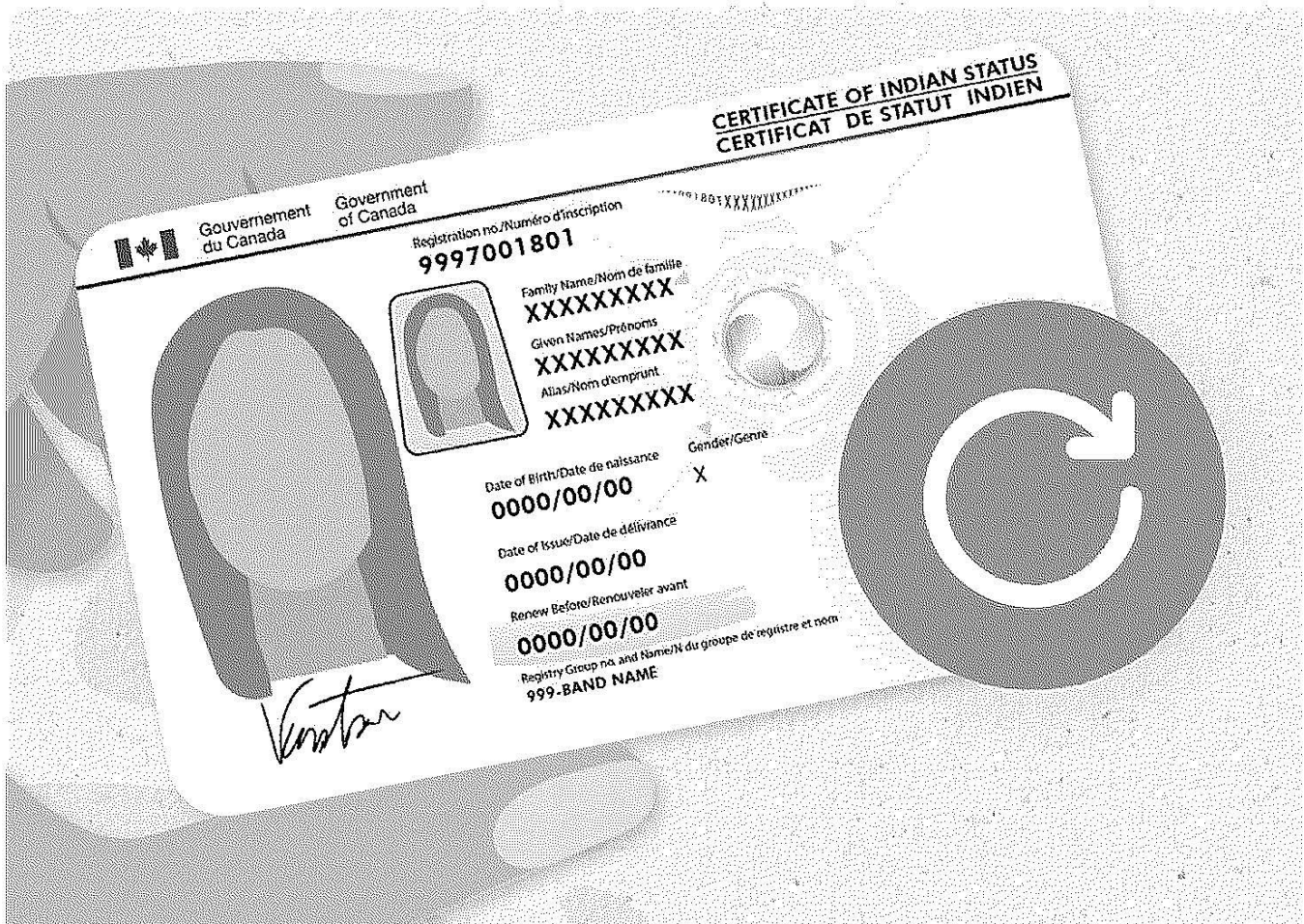
- First Nations & Inuit Hope for Wellness Line
☎ 1.855.242.3310
🕒 24 Hours
- Mental Health Service Information Ontario
☎ 1.866.531.2600
🕒 24 Hours
- Drug & Alcohol Information Line
☎ 1.800.565.8603
🕒 24 Hours
- Ontario Problem Gambling Helpline
☎ 1.888.230.3505
🕒 24 Hours
- Al-Anon - Alateen
☎ 1.888.425.2666
🕒 8am - 6pm EST (Mon-Fri)
- Talk4Healing
☎ 1.855.554.HEAL (4325)

Health

- AIDS & Sexual Health Information Line
☎ 1.800.668.2437
🕒 10am - 10:30am EST (Mon-Fri)
🕒 11am - 3pm EST (Sat & Sun)
- Telehealth Ontario (Health Information Line)
☎ 1.866.797.0000
🕒 24 Hours

Toll Free | Confidential | Anonymous

Status Card Renewal



Has your status card expired? Looking to renew?

Renewing your status card makes it easier to access programs and services.

Take your own photo when applying for a status card and submit it straight from your smart phone free of charge using the SCIS Photo App. Submit your application through the mail, or by visiting any regional or First Nation office.

Renewal processing take 8-12 weeks, so don't delay, renew today!

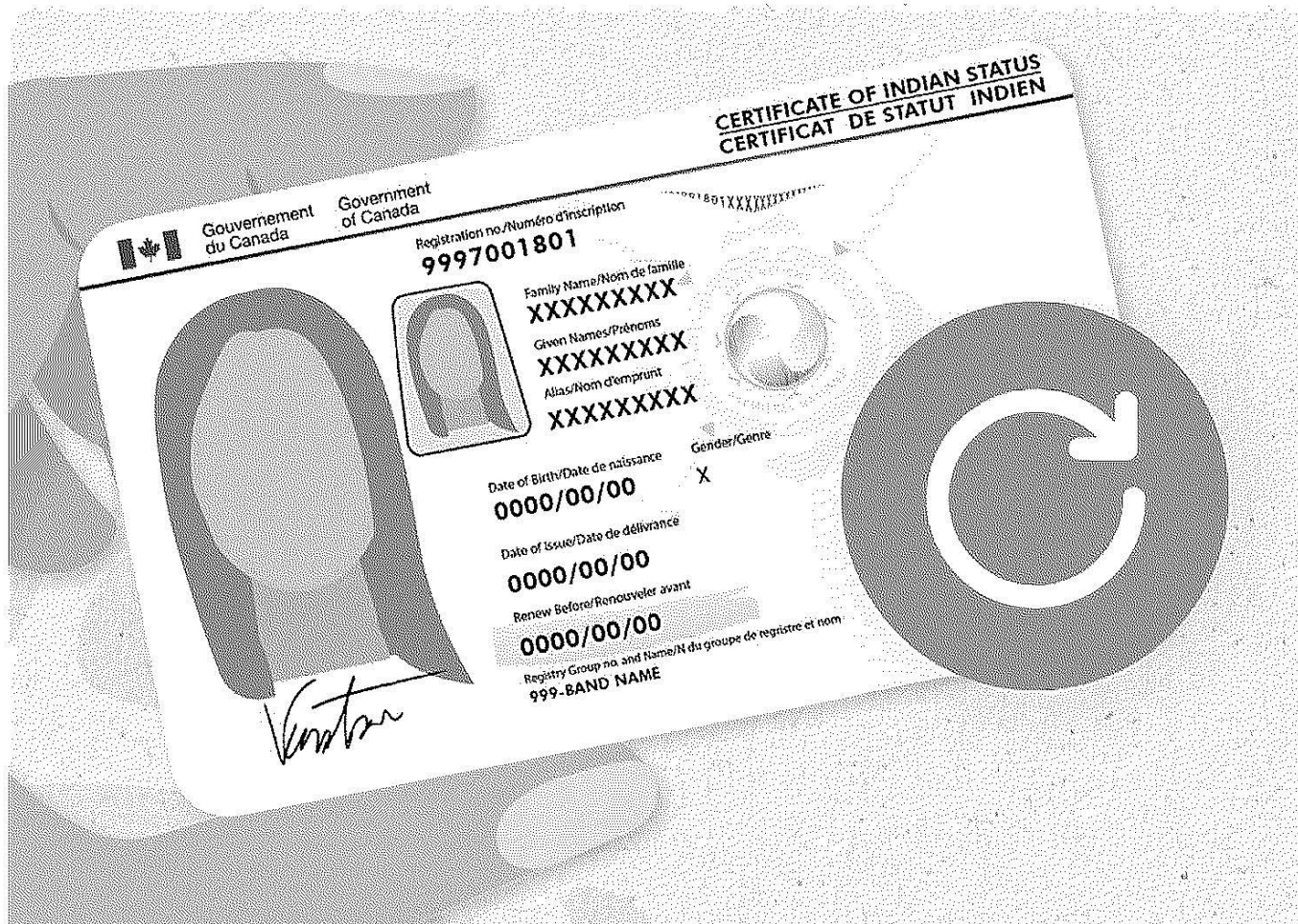
Learn how.

For more information, we invite you to visit:

GotoInfo.ca/Status-Card



Renouveler de la carte de statut



Votre carte de statut a expiré ? Vous cherchez à la renouveler ?

Le renouvellement de votre carte de statut vous permet d'accéder plus facilement aux programmes et services.

Prenez votre propre photo lorsque vous demandez une carte de statut et soumettez-la directement à partir de votre téléphone intelligent, gratuitement, en utilisant l'application photo du CSSI. Soumettez votre demande par la poste ou en vous rendant dans n'importe quel bureau régional ou des Premières nations.

Le traitement du renouvellement prend 8 à 12 semaines, alors ne tardez pas, renouvelez dès aujourd'hui !

Apprenez comment.

Pour plus d'informations, nous vous invitons à visiter le site :
obtenezinfo-enligne.ca/carte-statut



Community News, Notes, & Stories

October Birthdays:

Happy Birthday to Shannon Fletcher, love the Fletcher Family

Happy Birthday to my sis-in-law Shannon Fletcher, love Debbie

Happy Birthday to my sister, Moonie, love Deb

Happy Birthday to Moonie Fletcher, love the Fletcher Family

Happy Birthday to my brother, Doug, love Deb

Happy Birthday to Doug Fletcher, love the Fletcher Family

Happy Birthday to my sister, Bobbi Fletcher, love Deb

Happy Birthday to Bobbi Fletcher, love the Fletcher Family



Share Your

Stories &

Accomplishments




October Birthday Greetings

Happy Birthday




Natalie

Happy Birthday.




Noah

Happy Birthday!



Rona
Peter

Happy Birthday!




William (Bill)

Happy Birthday!




Shelly
Amelia

Happy Birthday




Richard

Happy Birthday!



Lori

Happy Birthday!




Marie Ann
Tyler
Margaret

Happy Birthday!



Lois

Happy Birthday!



Mitchell

Happy Birthday




Dana

Happy Birthday!




Brendon

Happy Birthday!




Sandra

Happy Birthday!




Mariam
Donna
Madison

Happy Birthday!




Dominic
Douglas
Natasha
Teala

Happy Birthday!




Kolby

Happy Birthday



Doreen
Lloyd

Happy Birthday!



Jayson
Bobbi

Happy Birthday!



Brendon
Leslie

Happy Birthday!




Kisani
Gordon

Happy Birthday




Carol

Happy Birthday!



William
Victoria

Happy Birthday



Shirley
Sherrel

CONTACTS AND OTHER INFORMATION (Page 1 of 2)

Missanabie Cree First Nation Chief & Council

Chief	Jason Gauthier	jgauthier@missanabiecree.com
Deputy Chief	Jutta Horn	jhorn@missanabiecree.com
Councillor	Lois MacDonald	lmacdonald@missanabiecree.com
Councillor	Leslie Nolan	lnolan@missanabiecree.com
Councillor	Joanne Pezzo	jpezzo@missanabiecree.com
Councillor	Dakota Souliere	dsouliere@missanabiecree.com
Elder Liaison	Lori Rainville	elderliaison@missanabiecree.com
Alternate Elder Liaison	Glad Hawkins	elderliaison@missanabiecree.com

Administration Department

Band Administrator	Shereena Campbell	scampbell@missanabiecree.com
Reception	June Markie	jmarkie@missanabiecree.com
Program Development	Lesley Gagnon	lgagnon@missanabiecree.com
Band Administrative Assistant	Amber Lacrosse	alacrosse@missanabiecree.com
Governance Coordinator	Natalie Gauthier	ngauthier@missanabiecree.com
Executive Assistant	Lisa Souliere	lsouliere@missanabiecree.com
Post-Secondary Education	Gloria Harris	education@missanabiecree.com
Communication Assistant	Japhet H. John	bearfax@missanabiecree.com
Cultural Language Facilitator	Matthew Wesley	mwesley@missanabiecree.com

Finance Department

Financial Officer	Nelson Grant	ngrant@missanabiecree.com
Bookkeeper	Louise Campbell	lcampbell@missanabiecree.com
Jr. Bookkeeper	Ashleigh Bodin	abodin@missanabiecree.com
Finance Clerk	Doreen Boissoneau	financeclerk@missanabiecree.com

Lands & Resources Department

Lands & Resources Director	Tess Sullivan	tsullivan@missanabiecree.com
Mineral Development Advisor	Tetyron Hourtovenko	thourtovenko@missanabiecree.com
Energy Planner	Steve Hawkins	shawkins@missanabiecree.com
Administrative Assistant	Brie Nemeth	bnemeth@missanabiecree.com
Climate Change Solution Coordinator	Adrian Perreault	aperrault@missanabiecree.com

CONTACTS AND OTHER INFORMATION (Page2 of 2)

Missanabie Cree First Nation Hubs

Location

Wawa/Missanabie/Outreach	Brad Nolan	missanabie@missanabiecree.com
Thunder Bay	Deb Ewing	thunderbay@missanabiecree.com
Sudbury	Natasha Bergeron	sudbury@missanabiecree.com
Toronto	Vanessa Mahan	toronto@missanabiecree.com
London	Karen Phillips	london@missanabiecree.com
Timmins	Vanessa Genier	timmins@missanabiecree.com

Family Services Department

Family Services Supervisor	Bonnie Wiebe	bwiebe@missanabiecree.com
Family Well-being Worker	Jana Harris	jharris@missanabiecree.com
Choose Life Coordinator	April Wesley	awesley@missanabiecree.com
Family Support Worker	Danica Boyer	dboyer@missanabiecree.com
Elder Care Worker	Rick DiCorpo	rdicorpo@missanabiecree.com
Community Nurse	Mercedes Gilbert	mgilbert@missanabiecree.com

Business Corporation (MCBC)

General Manager -	Joseph Sayers	gm_mcbbc@missanabiecree.com
Executive Assistant -	Brittany MacLean	bmaclean@missanabiecree.com
CBA Coordinator	Hannah Caicco	cba_mcbbc@missanabiecree.com
MCBC Bookkeeper -	Tanya Maitland	Bookkeeper_mcbbc@missanabiecree.com

Island View Camp

Camp Manager - Rod Duhaime	hello@islandviewcamp.com
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Dog Lake Camp Ground

Contact - Rod Duhaime

VISION STATEMENT OF THE MISSANABIE CREE

We are the Omushkego of the Missanabie Cree Iliiwak;
whose vision is to have a united and self-governing body
that will determine our destiny guided by the Seven Grandfather Teachings.

We have a vision of a leadership that is open, honest, trustworthy;
a leadership with conviction, accessible to the people;
a leadership that is progressive yet respectful of our traditions, values, and beliefs;
a leadership with confidence, always watchful and assertive
in protecting and preserving the treaty and aboriginal rights of our people;
a leadership that is directed by our people
and with exclusive accountability to our people and our people alone.

We have a vision of our community re-established on the traditional lands
that were once the homeland of our ancestors
where institutions of our government, economy and education can once again thrive.

We have a vision of a people where individuals and families can stand strong
and find healing through tradition and spirituality;
individuals and families who are loving and compassionate.

We have a vision of a people who are bi-cultural and bi-lingual;
a people who can walk in both worlds contributing to our well-being,
the well-being of other Indigenous Peoples; contributing and competing globally.

We have a vision of a Nation of people who respect the dignity of all;
a people who find balance through equality.

We have a vision of people who respect the environment,
harvesting and reaping the resources of the land in a sustainable manner
as responsible stewards for the use of future generations.

We are the Omushkego of the Missanabie Cree Iliiwak;
whose vision it is to regain and restore our rightful place
and through the strength of our people, never again be denied our place in society.

VISION STATEMENT OF THE MISSANABIE CREE

Vision Statement Cree

nîlân-omaškeko-misinapî-ililiwak
ka-wapatakik-e-mamokapocik-e-palîtocîk
e-nosonamak-nîsos-koskonomakana-

ni-wapatenan-nîkanîsîwin-e-ka-katacik-kekana
nîkanîsîwin kakî-wapamacik
nîkanîsîwin-nîkan-kaytapicik-maka-kîštelitamok-nešta-maka-tapiwetamowina-
nîkanîsîwin-ka-tepakelimocik-ka-yakamasîcik-
e-pimacîyacîk-nešta-maka-e-natamet-otililîma
nîkanîsîwin-katipelimikot-otililîma
ekomaka-eh-yatamentakosît-otililîma-oci

nîlan-kîwâpatenan-mîna-eošitayak-nîtâwinan- taskîminak
ka-ocîyak-weškacîwokamakanak
kakî-palîtisocîk-nešta-maka-e-koskonamowin-mîna-emilopalak

niwapatenan-kipekotešowina-ke-maškokapocîk
ništa-ocî-mîlomotecîk-kašitapilimowin
ililo-piyekotesowina-ka-milosakîyecîk

nîlan-niwapatenan-ka-nîšiwek-ka-tapîtamowin-nešta-nîšiwek-eyamowin
kakî-nîšîwe-motanano-e-wîcîtoyak-
weci-milopimatisit-ilîlowak-mamowîciyewin

niwapatenan-ka-itaskanesîwin-e-mîlowakimitoyak-misawe

niwapatenan-ilîlowak-ka-manâcihtacîk-askî
koyesk-e-nakacîtacîk-otaskîmow-
nîkahnik-koyesk-kenakacîtacîk-

nîlân-omaškeko-misinapî-ililiwak
ewapatamak-mîna-e-kîayaeyak-kakîtayakopan
ekomâka-ke-maškokapoyak-ti-lilîmonan-monamînaiškac-ocî-atemilikoyak

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VISION STATEMENT OF THE MISSANABIE CREE

Vision Statement Cree Syllabics

ᓄᓕᓐ ᐅᓕᓐᑦᐅ ᓕᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ;

ᓄ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ, ᐅ ᐅᓕᓐᑦᐅ

ᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᓄ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ, ᓄ ᓄᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ, ᓄ ᐅᓕᓐᑦᐅ

ᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᓄᓕᓐ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ, ᓄᓕᓐᑦᐅ

ᓄ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᓄᓕᓐ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᓄ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᓄᓕᓐ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ, ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᓄᓕᓐ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ;

ᓄᓕᓐ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ; ᐅᓕᓐᑦᐅ

ᓄ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᓄ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᓄᓕᓐ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ ᐅᓕᓐᑦᐅ

